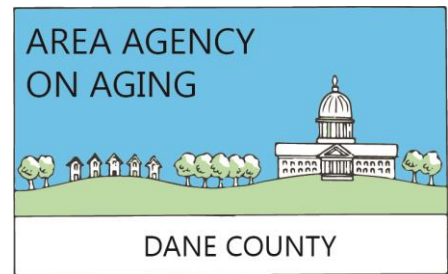




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General Caregiver Support Groups

For Dane County residents providing support to another in some capacity

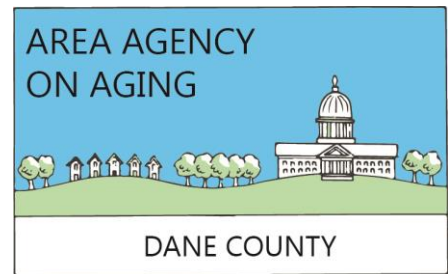
Date & Time	Location	Contact for Additional Info.
3rd Thursday of the month at 3:00 p.m.	DeForest Area Community Senior Center 505 North Main St. DeForest, WI 53532	Natalie Raemisch 608-846-9469
2 nd Thursday of the month at 10:00 a.m.	Fitchburg Senior Center 5510 Lacy Rd. Fitchburg, WI 53711	Suzie Jones 608-270-4290 suzie.jones@fitchburgwi.gov
Last Thursday of the month at 10:00 a.m.	Middleton Senior Center 7448 Hubbard Ave. Middleton, WI 53562	<i>Heartland/Promedica</i> 608-819-0033
2 nd Wednesday of the month from 1:30-2:30 p.m.	Oregon Senior Center 219 Park St. Oregon, WI 53575	608-835-5801
1 st and 3 rd Tuesday of the month at 10:00 a.m.	Verona Senior Center 108 Paoli St. Verona, WI 53593	608-845-7471
3 rd Tuesday of the month at 9:30 a.m.	<i>*For First-Time Caregivers*</i> Verona Senior Center 108 Paoli St. Verona, WI 53593	608-845-7471
1 st Tuesday of the month from 2:30-4:00 p.m.	Waunakee Senior Center 333 S. Madison St. Waunakee, WI 53597	Melissa Woznick 608-849-8547

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Neither specifically endorses or recommends specific agencies, facilities, or programs.



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Caregiver Support Groups for Parkinson's

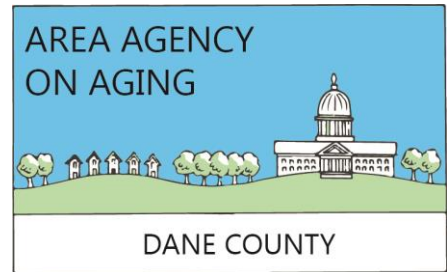
Date & Time	Location	Contact for Additional Info.
4 th Wednesday of the month from 10:00-11:00 a.m.	The Courtyard at Fitchburg 5669 Wilshire Dr. Fitchburg, WI 53711 <i>*For those affected & care partners*</i>	Karen Jeffers 608-886-6711 kjeffers@encorescares.com <i>*With the American Parkinson's Disease Association</i>
1 st Wednesday of the month from 2:00-4:00 p.m.	Monona United Methodist Church 606 Nichols Rd. Monona, WI 53716	Siv Golding 608-839-3512
3 rd Thursday of the month at 1:00 p.m.	Waunakee Senior Center 333 S. Madison St. Waunakee, WI 53597	Candice Duffek 608-850-5877

Local Caregiver Support Groups for Dementia and Memory Loss

Date & Time	Location	Contact for Additional Info.
4th Thursday of the month at 1:00-2:30 pm	ADRC 2865 North Sherman Ave. Madison, WI 53704	Dementia Support Specialist Alison Resch/608-896-0899 resch.alison@countyofdane.com
2nd Tuesday of the month at 10:30 am - 12:00 pm	Good Shepherd Lutheran Church 5701 Raymond Road Madison, WI 53711	Dementia Support Specialist Alison Resch/608-896-0899 resch.alison@countyofdane.com
1 st Wednesday of the month 6-8 pm	UW South Madison Partnership Building 2238 S. Park St. Madison, WI 53713 <i>*For Adult Children Caregiver*</i>	Dementia Support Specialist Alison Resch/608-896-0899 resch.alison@countyofdane.com
2 nd Tuesday of the month from 10:30-11:30 a.m.	Capitol Lakes SNF & Rehab 333 W. Main St. Madison, WI 53703	Natasha Killian; 608-283-2088 <i>*Sponsored by the Alzheimer's Association (AA)</i>

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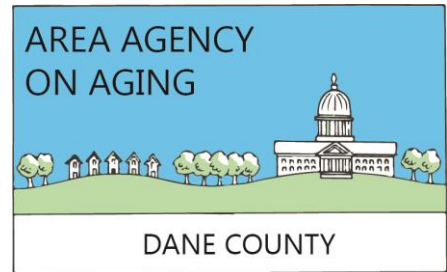
4 th Tuesday of the month 4:30-5:30pm	Fitchburg Library 5530 Lacy Road Fitchburg, WI 53711 <i>*Young Caregiver Support Group (Under 60 or still working)*</i>	Dementia Support Specialist Alison Resch/608-896-0899 resch.alison@countyofdane.com
1 st Thursday of the month from 10:00-11:30 a.m.	Middleton Senior Center 7448 Hubbard Ave. Middleton, WI 53562	608-819-0033 niebjan@yahoo.com
3 rd Tuesday of the month from 11:00-12:30 p.m.	Monona Senior Center 1011 Nichols Rd. Monona, WI 53716	Heidi M; 608-658-8099 <i>*Sponsored by the Alzheimer's Association (AA)</i>
2 nd Thursday of the month from 2:00-3:30 p.m.	Stoughton Senior Center Stoughton Room 248 W. Main St. #1 Stoughton, WI 53589	608-873-8585 <i>*Sponsored by the Alzheimer's Association (AA)</i>
4 th Thursday of the month at 2:00 p.m.	Sun Prairie Colonial Club 301 Blankenheim Ln. Sun Prairie, WI 53590	Randy Zehr; 608-712-2702; randallleezehr@gmail.com <i>*Sponsored by the Alzheimer's Association (AA)</i>
3 rd Wednesday of the month from 10:30-12:00 p.m.	Vista West 150 Bella Vista Dr. Madison, WI 53717	Nicole Nelson; 608-820-1806 nnelson@capricommunities.com <i>*Sponsored by the Alzheimer's Association (AA)</i>

Men's Caregiver Support Groups for Dementia and Memory Loss

Date & Time	Location	Contact for Additional Info.
1 st Tuesday of the month at 1:00-2:30pm	Virtual/Webinar <i>*Other virtual groups listed in next section</i>	Dementia Support Specialist: Alison Resch/608-896-0899 resch.alison@countyofdane.com
2nd Tuesday of the month at 1:00-2:30 pm	Good Shepherd Lutheran Church 5701 Raymond Road Madison, WI 53711	Dementia Support Specialist: Alison Resch/608-896-0899 resch.alison@countyofdane.com

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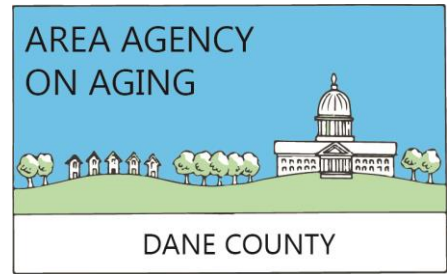
3rd Tuesday of the month at 1:00-2:30 pm	ADRC 2865 North Sherman Ave. Madison, WI 53704	Dementia Support Specialist: Alison Resch/608-896-0899 resch.alison@countyofdane.com
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Virtual Caregiver Support Groups for Dementia and Memory Loss

Date & Time	Location	Contact for Additional Info.
2 nd Thursday of the month at 1-2:30pm	Webinar/Phone <i>*For Dane County Caregivers</i>	Dementia Support Specialist: Alison Resch/608-896-0899 resch.alison@countyofdane.com
1 st Wednesday of the month at 6:30-8pm	Webinar/Phone <i>*For adult children caregivers (Dementia and Memory Loss)</i>	Dementia Support Specialist: Alison Resch/608-896-0899 resch.alison@countyofdane.com
3 rd Wednesday from 5-6pm	Webinar/Phone <i>*For people who provide care for aging individuals with Down Syndrome</i>	Contact Mary Gaffron to receive Zoom link mgaffron@dsaw.org <i>*Partnering with Alzheimer's Association</i>
Every other Friday from 10-11:30 a.m.	Phone In <i>*For Family Caregivers with a Loved One with dementia in a Facility*</i>	800-272-3900 <i>*Sponsored by the Alzheimer's Association (AA)</i>
4 th Tuesday of the month from 10:00-11:30 a.m.	Webinar/Phone <i>*For Family Caregivers with a Loved One with Dementia in the Early Stages*</i>	800-272-3900 <i>*Sponsored by the Alzheimer's Association (AA)</i>
2 nd and 4 th Wednesdays from 1:30-3:30 p.m.	Webinar/Phone <i>*For Caregivers of someone with Lewy Body Dementia*</i>	Dementia Care Specialist: Rob Griesel 920-386-4308 or rgriesel@co.dodge.wi.us
1 st Monday from 7:00-8:00 p.m.	Webinar/Phone Monday D.I.S.H. (Dementia Informed Super Heroes) <i>*For Employed Children/Family Caregivers with a Loved One with Dementia*</i>	Dementia Care Specialists: Scott Seeger 715-261-6066 Scott.seeger@adrc-cw.org OR Carla Berscheit at cberscheit@co.chippewa.wi.us

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3 rd Wednesday of the month from 6:00-7:00 p.m.	Webinar/Phone <i>*For Family Caregivers for a Loved One with Frontotemporal Degeneration (FTD)*</i>	800-272-3900 <i>*Sponsored by the Alzheimer's Association (AA)</i>
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For resources and supports more specifically related to Dementia with Lewy Bodies, visit the Lewy Body Dementia Association (LBDA) website, at www.lbda.org

Conversations – Support Groups for Persons Living with MCI/Mild Dementia

All participants MUST have a pre-screening with program facilitator prior to attending.

Date & Time	Location	Contact for Additional Info.
1st Tuesday of the month at 10:00-11:00 am	ADRC 2865 North Sherman Ave. Madison, WI 53704	Dementia Support Specialist: Alison Resch/608-896-0899 resch.alison@countyofdane.com
4th Tuesday of the month at 10:00-11:00 am	NewBridge Madison 5724 Raymond Road Madison, WI 53711	Dementia Support Specialist: Alison Resch/608-896-0899 resch.alison@countyofdane.com

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