



# Adult Day Centers



- Definitions
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- Questions to Ask

Connecting people with the  
assistance they need

**ADRC of Dane County**  
**2865 N. Sherman Avenue**  
**Madison, WI 53704**

**(608) 240-7400**  
**[www.daneadrc.org](http://www.daneadrc.org)**



## Adult Day Centers

Adult day care centers are designed to provide care and companionship for seniors who need assistance or supervision during the day. The goals of the programs are to delay or prevent institutionalization by providing alternative care, to enhance self-esteem and to encourage socialization.

There are two types of adult day care:

1. Adult social day care: provides social activities, meals, recreation and some health related services
2. Adult day health care: offers more intensive health, therapeutic and social services for individuals with severe medical problems and those at risk of requiring nursing home care.

Seniors generally take part in the program on a scheduled basis and the services that are offered may include the following:

- Counseling
- Education
- Evening care
- Exercise
- Health screening
- Meals
- Medical care
- Physical therapy
- Recreation
- Respite care
- Socialization
- Supervision
- Transportation
- Medication Management

These centers are usually open during working hours and may stand alone or be located in senior centers, nursing facilities, churches or synagogues, hospitals, or schools. The staff may monitor medications, serve hot meals and snacks, perform physical or occupational therapy, and arrange social activities. They also may help to arrange transportation to and from the center itself.

**\*\*Information courtesy of ADRC of Dane County. The ADRC does not endorse or recommend specific agencies. This list is provided with the best available information as of December 2023**



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## ADULT DAY CENTERS IN DANE COUNTY

Name	Location	Phone	Hours
<b>Agrace Adult Day Center</b>	1702 W. Beltline Hwy Madison, WI 53713	608-327-7303	Monday – Friday 7:30 A.M. to 5:30 P.M.
<b>Caring Hands Adult Day Center</b>	402 Gammon Place Suite 215 Madison, WI 53719	608-203-6300	Monday – Friday 8:00 A.M. to 5:00 P.M.
<b>Catholic Charities Adult Day Center</b>	5401 Fen Oak Drive Madison, WI 53718	608-826-8106	Monday - Friday 7:30 A.M. to 4:30 P.M.
<b>Colonial Club Adult Day Center</b>	301 Blankenheim Lane Sun Prairie, WI 53590	608-837-4611	Monday - Friday 8:00 A.M. to 4:30 P.M.
<b>Isthmus Express LLC Adult Day Center</b>	555 D’Onofrio Drive STE 85 Madison, WI 53719	608-515-0343	Monday – Friday 8:00 A.M. to 5:00 P.M.
<b>Northwest Dane Senior Services Adult Day Center</b>	1837 Bourbon Road Cross Plains, WI 53528	608-798-6937	Monday - Friday 8:30 A.M. to 3:30 P.M.



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<b>Oregon Area Senior Center Adult Day Center</b>	219 Park Street Oregon, WI 53575	608-835-5801	Monday, Wednesday, Friday 9:00 A.M. to 12:00 P.M.
<b>Thomas Family Adult Day Center</b>	5003 University Ave. Suite 185 Madison, WI 53705	608-283-9577	Monday-Friday 7:30 A.M. to 5:30 P.M.

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## Questions to Ask Adult Day Centers

1. How many years has the center been in operation?
2. What are the days/hours of operation? What is the policy on late arrival or late pick-up?
3. What is the staff to participant ratio?
4. What training does staff receive?
5. Does the center have a physician, nurse or health care professional on staff or on call?
6. What ancillary services are offered? Transportation, bathing, hair styling, podiatry, etc.
7. Do participants have access to services such as physical or occupational therapy?
8. Will the center dispense medication and/or offer medication reminders?
9. Are meals and or snacks provided? Can you accommodate special diets?
10. How will the center evaluate the person's needs, interests and abilities?
11. Does the center provide services for people with different types of impairments as well as those in good physical health? i.e. Dementia, TBI, Intellectual Disabilities?
12. At what point is a person no longer eligible to receive care at the center?
13. What types of payments are accepted? (Long term care programs/Medicaid; long term care insurance, veterans benefits)