



## Which Long-Term Care Program is Best for Me?

## Which statement best describes YOU...

I would like to have help in getting the services I need.

I would like to manage my own services and supports.



I would like to have help to coordinate my long-term care services. I want to use Medicare or Medicaid to pay for my doctor and my medications. I would like to have help to coordinate my long-term care services and my other health care services such as prescription drugs and physician services. I like the idea of having a nurse practitioner on my care team to coordinate my doctor and medications.

I would like to direct my own care and have the help of a care team. I want to self-direct all, or some of my services within a budget, allowing me to recruit, hire and schedule services I choose. I want to leave management of some of my services to my care team. Family, friends and others may help me self-direct.

I would like to be in charge of and be responsible for all of my long-term care services. An IRIS consultant and a fiscal employer agent will help me. Within a budget I am allowed to recruit, hire, and schedule my long-term care providers and services, or I may purchase services from an agency. Family, friends and others may help me self-direct.



Tell Me More about...

**Family Care** 

Tell Me More about...

Partnership or PACE

Tell Me More about...

Self-Directed
Supports
in Managed
Long-Term Care

Tell Me More about...

IRIS
(Include, Respect,
I Self-Direct)



